



USAGE

Biocidin®

MAY BE TAKEN WITH OLIVIREX® & BIOTONIC™ 20 MINUTES PRIOR TO MEALS

Biocidin® LSF

MAY BE TAKEN WITH OLIVIREX® & BIOTONIC™ 10 MINUTES PRIOR TO MEALS

Olivirex®

MAY BE TAKEN WITH BIOCIDIN® OR WITH MEALS

Biotonic™

MAY BE TAKEN WITH BIOCIDIN® & OLIVIREX® 20 MINUTES PRIOR TO MEALS

G.I. Detox™+

1 HOUR APART FROM FOOD, SUPPLEMENTS & MEDICATIONS

Proflora®4R

1 HOUR APART FROM OLIVIREX® OR G.I. DETOX™

BEGINNING

Adults: For chronic conditions, start with the Beginning amounts before increasing to Moderate and then Maximum, in accordance with practitioner guidance.

1-2 drops three times a day directly on the tongue or diluted in a small amount of water.



1 capsule twice a day.



Mix 1 pump with 5 oz of water. Each oz of mixture contains 1 drop of Biocidin. Start with a small amount of the mixture (1 oz or less) taken 10 minutes prior to each meal.

Repeat the same way, gradually increasing the amount of mixture taken per tolerance. Work up to using the entire 5 oz of mixture in one day. Very sensitive persons use 10 oz of water, for a greater dilution.



1 capsule twice a day.



10 drops twice a day.



For "mop-up" or die off reactions take 1 - 2 capsules 1 hour apart from food, supplements and medications.



Best if taken between breakfast and lunch, or between lunch and dinner, on a totally empty stomach.

May be mixed into water or unsweetened applesauce for administration, for those who don't swallow capsules.

1 capsule a day, at least 1 hour apart from Olivirex® or G.I. Detox™+.



Convenient to take just before bedtime.

May be mixed into food or beverage (cold or warm, but not hot) for administration, for those who don't swallow capsules.

Proflora®4R does not require refrigeration.

Sensitive patients may need to work up to the Beginning amount gradually, starting with half (or diluted) serving sizes.

MODERATE

Adults: For chronic conditions, start with the Beginning amounts before increasing to Moderate and then Maximum, in accordance with practitioner guidance.

3-5 drops three times a day, ½ hr before meals.



1 capsule three times a day. ½ hr before meals.



Begin with 1 pump held under the tongue for one minute prior to swallowing, once per day. Gradually increase to twice per day, and then to three times per day. May be held sublingually for more than one minute.



2 capsules twice a day.



10 drops twice a day.



For travel or acute digestive distress: If food or beverage quality is compromised, 1-2 capsules can be taken immediately to bind the substance. This can be repeated every few hours as needed.

MAXIMUM

Adults: For acute conditions, if well tolerated use Maximum amounts until symptoms improve, in accordance with practitioner guidance.

6-10 drops three times a day, ½ hour before meals. Maintain until symptoms improve.



2 capsules three times day. ½ hr before meals.



2 pumps three times a day.



2 capsules three times a day in severe or acute cases until symptoms improve.



10 drops three times a day.



May be taken together

1 hour apart from food, supplements, or medications

1 hour apart from Olivirex® or G.I. Detox™

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MAINTENANCE

Adults: for long-term support, after all symptoms resolve.


5 drops once a day, 20 minutes prior to meals



x 1


or

1 capsule once a day.




x 1

1 pump once a day, 10 minutes before meals.



x 1

1 capsule once a day.




x 1

10 drops once a day.




x 1

Use twice a month for a 3 day period, 1-2 capsules per day with a large glass of water, between meals. Take at least 1 hour apart from food, supplements and medications.



x 2

1 capsule 3x per week apart from Olivirex® or G.I. Detox.™



x 1

CHILDREN

Gradually work up to the amounts listed, for children under age 12, and/or under 100 pounds.

Children under 12: 1 drop for every 10 lbs of body weight per day, in divided servings*. Take 20 minutes prior to meals. May be mixed into water or other cold or lukewarm beverage for administration. Maintenance: ½ drop per 10 lbs per day may be used for long-term support.

*Divided servings: Divide the total amount by weight into 2 servings (i.e. a 40 lb child could take 2 drops AM and 2 drops PM, for a total of 4 drops a day.)


1 drop per 10lbs / 2

Dilute 1 pump into 5 oz of water. Each oz of mixture contains 1 drop of Biocidin. Start with a small amount of the mixture (less than 1oz) taken 10 minutes prior to breakfast or dinner. Repeat the same way each day, gradually increasing the amount of mixture taken per tolerance, until the maximum amount of mixture by weight can be taken in one day.

The maximum amount of mixture by weight equals 1 oz for every 10 lbs of body weight. This is the total amount taken in a day, divided into two servings.


1oz per 10lbs / 2

Children ages 7 -12 may use 1 capsule once a day.




x 1

Teenagers may use 1 capsule twice a day.




x 2

Children ages 7 -12: 5 drops three times a day.



x 3

Teenagers may use 10 drops twice a day.




x 2

Children under 50 lbs: ½ of one capsule's contents, mixed into water or unsweetened applesauce for administration, once per day. May be increased to twice per day in an acute case.

Best if taken between breakfast and lunch or between lunch and dinner, or on an empty stomach. Should be taken 1 hour apart from any other food, supplements, or medications.


½ capsule x 1-2

Children ages 7 - 12: 1 capsule a day, at least 1 hour apart from Olivirex® or G.I. Detox.™



x 1

Children ages 2 - 7: ½ capsule once per day.



x 1

Do not use Proflora®4R with children under 2.

PREGNANCY AND NURSING MOTHERS

Do not use during pregnancy. Breastfeeding mothers are encouraged to use half or diluted amounts for the first several days until ingredient tolerance can be confirmed.

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SPECIAL PRECAUTIONS

Do not use before surgery as some herbs may have a blood thinning effect. Discontinue use should adverse reactions occur.

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